



The Saint Stephen Parish Substance Abuse Ministry (SAM) is open to anyone interested. Our monthly meeting is at 7:00 p.m. every third Monday of the month, in the basement of the Parish Center. All are welcome.

For further information on our SAM Team Meetings please contact Renee' Eppig mandreppig@hotmail.com



Please Consider These Websites....

For Parents.....

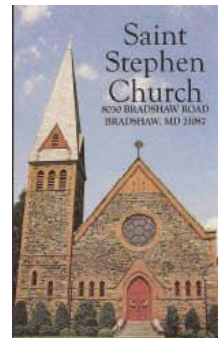
- www.notmykid.org
- www.bbblocks.samhsa.gov
- www.drugfree.org
- www.family.samhsa.org
- www.findtreatment.samhsa.gov
- www.theantidrug.com
- www.sober.com
- www.hbo.com/addiction

For Kids and Teens.....

- www.abovetheinfluence.org
- www.checkyourself.org
- www.freevibe.com
- www.justthinktwice.com
- www.mediacampaign.org
- www.sadd.org
- www.thecoolspot.org
- www.toosmarttostart.samhsa.gov
- www.throughwithchew.com
- www.bethecatalyst.org

For College Students.....

- www.collegedrinkingprevention.gov



**8030 Bradshaw Road
Kingsville, MD 21087
(Bradshaw)
(410) 592-7071**

<http://www.ststephenbradshaw.org/sam.htm>



Prayer of Saint Francis of Assisi

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O Divine Master, grant that I may not so much
seek to be consoled as to console;
to be understood as to understand;
to be loved as to love.
For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life.
Amen.

MISSION STATEMENT:

The Saint Stephen Parish Substance Abuse Ministry works to educate, support and advocate in a faith-filled manner, the needs of the community who are affected directly or indirectly by substance abuse.

Our ministry was created in 2010, based on the input received from a congregation-wide survey.

Our program is part of a national effort underway in more than 350 places of worship in 21 states.

Addiction is a destructive relationship with a substance, activity or person.

Recovery is a life-long journey and not a quick fix, requiring - with God's help - a strong personal commitment and daily effort.

Prevention is an active process that creates and rewards conditions that lead to healthy behaviors and lifestyles.

The Serenity Prayer

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

Living one day at a time; Enjoying one moment at a time; Accepting hardships as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it; Trusting that He will make all things right if I surrender to His Will; That I may be reasonably happy in this life and supremely happy with Him Forever in the next. Amen.

-Reinhold Niebuhr

Our Substance Abuse Ministry Team

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Youth Coordinator

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Patrick McCracken
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Carol Sadowski

Please join us 7:00 p.m. every third Monday of the month, in the basement of the Parish Center

<http://www.ststephenbradshaw.org/sam.htm>

FOR GUIDANCE

Alcoholics Anonymous (AA)
www.aa.org Tel. 1-800-570-4150

Narcotics Anonymous (NA)
www.na.org Tel. 1-800-317-3222

Families Anonymous (FA)
www.familiesanonymous.org

Tel. 800-736-9805

Al Anon & Alateen
www.al-anon.alateen.org Tel. 410-836-6209

Maryland Community Services Locator
www.mdcsf.org Tel: 301-405-9796

Addiction Connections Resource, Inc.
www.addictionconnectionsresource.org
Tel: 443-417-6406

Saint Margaret Health Ministry
saintmhealthministry@stmargaret.org
Tel: 410-838-6969, ext. 141

**Harford County Health Department
Addiction Services**
<http://www.harfordcountymd.gov/health/ViewPage.cfm?MenuID=29>
Tel: 410-638-3076

National Catholic Council on Alcoholism
<http://www.nccatoday.org/>
Tel: 800-626-6910 -Ext 1200

AlcoholDrugSOS Services, LLC sm
www.alcoholdrugsos.com/ Tel. 443-610-3569
Harford County - Mobile Crisis Team
www.sheppardpratt.org/sp_htmlcode/sp_location/sp_loc_hc_mobile.aspx
Tel. 410-638-5248

DHH—Substance Abuse and Mental Health Services Administration
<http://dasis3.samhsa.gov>

National Institute on Drug Abuse
www.nida.nih.gov

National Institute on Alcohol Abuse and Alcoholism (NIAAA)
www.niaaa.nih.gov